



MAY 8-10, 2025



Roma, Italia



SPIRITUAL RETREAT

Spiritual Leadership and Listening

2025

PROGRAM

MAY 8-10, 2025

Please note that there may be adjustments to the schedule depending on the needs of the group

THURSDAY, 7

Expected arrival of participants

FRIDAY, 8

WELCOME AND OPENING

13.00 - 14.30

Lunch
Pontifical Irish College

14.30 - 15.00

Welcome
Fr. Paul Finnerty, Rector, Pontifical Irish College
Fr. Francisco Ramirez Yáñez, Rector, UNIVA,
IFCU President

Opening prayer: invocation of the Holy Spirit,
introduction to the theme

15.00 - 15.45

Meditation I: "Spiritual leadership in the
manner of Christ the servant"
(John 13, the washing of the feet)

15.45 - 16.30

Time of silence / lectio divina

16.30 - 17.15

Small groups: sharing about
"how I practice listening in my mission"

17.30 - 18.15

Penitential liturgy
(with the possibility of confessions)

19.00

Dinner
Pontifical Irish College

CONTACT

Loïc Roche
loic.roche@bureau.fiuc.org
+33 6 80 12 87 81

PROGRAM

SATURDAY 9 MAY, 2025

Please note that there may be adjustments to the schedule depending on the needs of the group

DEEPENING LISTENING AND DISCERNMENT

07.15 - 08.00	Breakfast
08.15 - 09.00	<i>Meditation II: "Listening to God in the silence of the heart" (1 Kings 19, Elijah on Mount Horeb)</i>
09.00 - 09.45	Personal time / spiritual journal
09.45 - 10.30	<i>Groups: "How can we create spaces for listening in our universities?"</i>
10.30 - 11.00	Coffe Break
11.00 - 11.45	<i>Plenary session and intercessions</i>
12.00 - 12.45	<i>Eucharist: homily on 1 Peter 5:1-4 (shepherding the flock entrusted to us)</i>
13.00 - 14.30	Lunch and meditative walk
14.30 - 15.15	<i>Meditation III: "Listening to the community and discerning together" (Lk 24, disciples of Emmaus)</i>

CONTACT

Loïc Roche
loic.roche@bureau.fiuc.org
+33 6 80 12 87 81

PROGRAM

SATURDAY 9 MAY, 2025

Please note that there may be adjustments to the schedule depending on the needs of the group

15.15 - 16.30

*Time of silent worship
(listening to the Word and the Spirit)*

16.30 - 17.30

*Thematic circles: listening to students, teachers, the
signs of the times, the Church*

19.00

Cena

20.00 - 21.00

*Shared testimonies and prayers: concrete
experiences of listening and discernment in
governance*

21.00

Complete and profound silence



CONTACT

Loïc Roche
loic.roche@bureau.fiuc.org
+33 6 80 12 87 81

PROGRAM

SUNDAY 10 MAY, 2025

Please note that there may be adjustments to the schedule depending on the needs of the group

SENT AS LEADERS WHO LISTEN

07.15 - 08.00

Breakfast

08.15 - 09.00

Meditation IV: "The hope for humble and synodal leadership"

09.00 - 09.30

Offering prayer time: personal intentions and commitments

10.00

*Mass of Thanksgiving
Chapel of the Pontifical Irish College*

11.30

Final summary: personal and institutional commitments

13.00

Lunch

14.30

Farewell

CONTACT

Loïc Roche
loic.roche@bureau.fiuc.org
+33 6 80 12 87 81